

Positive Character Traits

- **Honesty:** Doing what you say you're going to do, when you're going to do it. Laying out all the facts.
- **Integrity:** Acting the same in private as you do in public. Being complete and incorruptible.
- **Morality:** Displaying moral actions, speaking moral sentiments, and believing in moral justices. Today and always.
- **Loyalty:** Your allegiances do not change. You are faithful to those you pledge your loyalty to, including your spouse, your country, your church, and even your local sports team.
- **Generosity:** Giving unconditionally while respecting nothing in return. Being generous with your wealth, your love, and your time.
- **Humility:** Feeling no pride or arrogance. Lacking ego in all its forms. Not caring for status or one-upmanship.
- **Responsibility:** The state of being accountable to someone else. You can be responsible for the wellbeing of your spouse, your children, your parents, a core component of your job, and your employees.
- **Respectfulness:** Giving attention. Listening when someone is speaking to you. Paying deference to your elders, considering others' feelings.
- **Tolerance:** Enduring a deviation from a standard, often toward a higher level of pain. Having sympathy toward those with beliefs or practices other than your own.
- **Reliability:** You can be depended on to be consistent in anything you do, from turning up on time to completing the work you said you were going to complete.
- **Perseverance:** Keeping going through thick and thin. Moving forward despite consistent failures, difficulties, and obstacles.
- **Compassion:** An awareness of the distress of others coupled with a desire to alleviate it that is quickly acted upon.
- **Fairness:** Lacking favoritism toward one side, being impartial and allowing a result to play out that all sides can agree on.
- **Patience:** Acting without complaint while experiencing long waits or monologues. Having an inner calm.

- **Focus:** An ability to direct your attention to one key task and stick to it over the long term. Occasionally considered a negative character trait when taken to its extremes.
- **Dependability:** Your family and friends trust you to do what you say you're going to do. Similar to honesty, integrity, and reliability.
- **Conscientiousness:** Being meticulous and careful in all that you do, from building something to listening to someone.
- **Authenticity:** Being true to who you are. Not putting on a show. Similar to integrity.
- **Optimism:** Seeing the world and events under which you are placed favorably. Always believing in and working toward a better future.
- **Thoughtfulness:** Being guided by thoughtful reasoning. Your beliefs, decisions, and actions are made after deep introspectives.
- **Hardworking:** Believing in the value of work, and in its essential quality when performed on a consistent basis.
- **Kindheartedness:** Being sympathetic to those in need. Giving the shirt off your back to anyone who asks for it.
- **Forgivingness:** Being able to cease feelings of anger and resentment toward another person or yourself.
- **Self-discipline:** The ability to control and regulate your behaviors in order to improve in a certain direction. Also referred to as self-control.
- **Sincerity:** Displaying honest feelings directly from the heart. Similar to honesty, integrity, and reliability.
- **Politeness:** Showing disrespect to no persons. Displaying consideration, tact, and courtesy at all times.
- **Courageousness:** Displaying bravery when it is needed most. Keeping going despite the obstacles. Similar to perseverance.

Negative Character Traits

- **Dishonesty:** Being predisposed to lying, deceit, and doing the opposite of what you say you're going to do. The opposite of honesty.
- **Untrustworthiness:** Consistently showing signs of being not dependable. A less malicious version of dishonesty.
- **Disloyalty:** You change your allegiances whenever doing so suits you. You cannot be counted on. The opposite of loyalty.
- **Deceitfulness:** Giving false impressions on purpose. The key phrase here is "on purpose." Deceitful people choose to be deceitful.
- **Immorality:** Displaying immoral actions, speaking immoral sentiments, and believing in immoral justices. The opposite of morality.
- **Cruelty:** Inflicting pain or suffering on others because you can. "Cruelty is the point." The opposite of kindheartedness.
- **Maliciousness:** Choosing to do harm to someone for the sake of it. Similar to cruelty.
- **Vengefulness:** Wanting to seek revenge by inflicting a punishment on someone for a prior injury, injustice, or offense.
- **Selfishness:** Caring for your own welfare only, or caring for your own welfare above that of other people. Occasionally considered a positive character trait when in pursuit of a higher cause.
- **Greed:** You continue to desire more, regardless of how much you have already accumulated. This desire can be temporary or long-term.
- **Disrespectfulness:** Not giving someone your attention. Not listening when someone is speaking to you. The opposite of respectfulness.
- **Impatience:** Not being able to sit tight and wait your turn. Not playing the long game. Occasionally considered a positive character trait. The opposite of patience.
- **Pessimism:** Always expecting the worst possible outcome. Bringing people down. Not working toward a better future, because you don't believe one can exist. The opposite of optimism.
- **Unforgiveness:** Not being able to cease feelings of anger and resentment toward another person or yourself. The opposite of forgiveness.

- **Pettiness:** Acting with cruelty regarding matters that are perceived to be unimportant. Also known as small-mindedness.
- **Narcissism:** Basking in ego. You can only believe good things about yourself, taking anything negative as a false attack.
- **Impoliteness:** Showing disrespect to all persons, or to persons who you believe to be beneath you. The opposite of politeness.
- **Thoughtlessness:** You do without thinking of the consequences for others. Your reasoning only considers your own wants. You are not introspective. The opposite of thoughtfulness.

For more information about character traits (both positive and negative), head on over to:
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